



Benton County Fairground  
Friday October 22, 2010  
5k Run/Walk 6:30 pm., 2k kids Fun Run 6:00 pm.

**\$20.00**

Early Registration (thru 9/30)

**\$30.00**

Registration (Day of Event)

*\*Registration Fees include: T-shirt, free entry into Haunted House and Post Race Refreshments*

- *Timing and Results Provided by Rush Running*
- *Awards given to the top 3 finishers in each age category*
- *Awards given to best female/male costume*

**TO REGISTER:**

*Complete form below and mail to:*

**Running Scared 5K**

PO Box 2376, Bentonville, AR 72712

Email: [runningscared5K@gmail.com](mailto:runningscared5K@gmail.com)

Website: <http://www.bentoncountysheriff.org/PAL/News.aspx>

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2010 Running Scared 5K entry form (Please print, one form per person)

Name \_\_\_\_\_

2K kids run/walk (\$10)  5K run/walk (\$20)  Race Day (\$30)

Corporate Team  Individual  Team Name \_\_\_\_\_

Address \_\_\_\_\_

City / State / Zip: \_\_\_\_\_ Day Phone \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M  F

Shirt Size: XS  S  M  L  XL  XXL  (add \$2) XXXL  (add \$3)

Kids Shirt Size: (Youth) S  M  L

Amount Enclosed \$ \_\_\_\_\_ **Mail completed registration form and fees (payable PAL RUNNING SCARED 5K). Please ensure mail-In registration is post- marked no later than September 30, 2010. Registration received after Sept. 30 may be subject to a fee of \$10.**

I know that running a road race is a potentially hazardous activity, I should not enter and run unless I am medically able and properly trained, I assume any and all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of weather and the conditions of the roads, and all such risks being known and appreciated to me. Furthermore, I understand that I may be running in traffic; and I agree to yield to all emergency vehicles. I am fully aware that baby strollers and wheels of any kind and animals are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back on to the course after finishing. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number and I agree not to do this. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, officials, volunteers, local and state police including any and all of their agents, employees, assignees, or anyone acting on or for their behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and/or agents authorized by them to use any photos, videotapes, motion pictures, or any other record of this event for any purpose. Refunds will not be given in the event of registered participant no-shows. Signature required to participate. Minors accepted only with a parent or guardian signature.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_